

# Nutrition/Interventional - SWITZERLAND

## Competent authority

### Contact Details

#### Contact Name 1

Swissmedic - Schweizerisches Heilmittelinstitut / Swiss Agency for Therapeutics products Clinical Trials Division

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#### Web address

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### Trial Authorisation / Registration / Notification

#### Regulatory and ethics bodies involved in approval process

Institutional Ethics Committee  
Regional Ethics Committee  
National Ethics Committee

#### Regulatory and ethics bodies involved in approval process for trials including patients

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#### Regulatory and ethics bodies involved in approval process for trials including including healthy participants

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#### Regulatory and ethics bodies involved in approval process for trials including vulnerable population

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#### CA - Registration/ notification without approval required for

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#### CA - Registration requirements for clinical trials

Registration mandatory

#### Registration requirements for clinical trials including patients

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	<b>Registration requirements for clinical trials including healthy participants</b>
	–
	<b>Registration requirements for clinical trials including vulnerable population</b>
	–
	<b>CA - Submission required to</b>
	Institutional CA
	<b>Studies including patients - submission required to</b>
Language of Submission	–
	<b>Studies including healthy participants - submission required to</b>
	–
	<b>Studies including vulnerable population - submission required to</b>
	–
	<b>Language(s) of application</b>
	English
	<b>Language(s) of application for trials including patients</b>
	–
	<b>Language(s) of application for trials including healthy participants</b>
	–
	<b>Language(s) of application for trials including vulnerable population</b>
	–
	<b>Preferred language of application</b>
	–
	<b>English accepted</b>
	Yes
	<b>Documents mandatory to be in official national language</b>
	–
	<b>Documents mandatory to be in local language of study site</b>
	–
	<b>Documents mandatory to be in language of the study participant</b>
	–
Safety Reporting	<b>Sponsor must declare reportable events to</b>
	–

## Ethics committee

Contact Details	<b>Contact Name 1</b>
	Swissethics- Schweizerische Ethikkommissionen für die Forschung am Menschen / Swiss Association of Ethics Committees for research on humans
	<b>Contact Name 2</b>
	Geschäftsstelle Swissethics/AGEK (Arbeitsgemeinschaft der Schweizer Ethikkommissionen)

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**Web address**

<http://www.swissethics.ch/>

**Additional Information**

The Swiss Ethics Committees on research involving humans have formed a joint working group (swissethics). Swissethics is organised as an association, its members are all the recognised regional/cantonal ethics committees of Switzerland.

List of all Ethics Committees in Switzerland: <http://www.swissethics.ch/eks.html>

**Ethical Review – General****Submission for Ethical review mandatory for**

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**Submission of study mandatory for trials including patients**

Yes

**Submission of study mandatory for trials including healthy participants**

Yes

**Submission to CA and EC to be performed in the following order**

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**National declaration on Ethical requirements exists**

Yes

**Single-Centre Studies - Ethical Review****Ethical approval (favourable opinion) to be obtained from**

Institutional EC

**Ethical approval (favourable opinion) for trials including patients to be obtained from**

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**Ethical approval (favourable opinion) for trials including healthy participants to be obtained from**

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**Ethical approval (favourable opinion) for trials including vulnerable population to be obtained from**

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**Multi-Centre Studies - Ethical Review****Ethical approval (favourable opinion) required from**

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	<b>Ethical approval in trials including patients obtained from</b>
	—
	<b>Ethical approval in trials including healthy participants obtained from</b>
	—
	<b>Ethical approval in trials including vulnerable population obtained from</b>
	—
Submission of Application	<b>Entitled to study submission</b>
	—
	<b>Entitled to submission of trials including patients</b>
	Principal Investigator Investigator Physician PhD
	<b>Entitled to submission of trials including healthy participants</b>
	Principal Investigator Investigator Physician PhD
	<b>Responsible for submission of trials including vulnerable population</b>
	—
	<b>Prerequisites for submission / approval</b>
	—
Language of Submission	<b>Language(s) of application</b>
	English
	<b>Language(s) of application for trials including patients</b>
	—
	<b>Language(s) of application for trials including healthy participants</b>
	—
	<b>Language(s) of application for trials including vulnerable population</b>
	—
	<b>Preferred language of application</b>
	—
	<b>English accepted</b>
	Yes
	<b>Documents mandatory to be in official national language</b>
	—
	<b>Documents mandatory to be in local language of study site</b>
	—
	<b>Documents mandatory to be in language of study participant</b>
	—
Timelines Ethical Review	<b>Time in weeks from submission to positive approval (minimum)</b>
	2

	<b>Time in weeks from submission to positive approval (maximum)</b> 8 <b>Time in weeks from submission to positive approval (average)</b> 5
Safety Reporting	<b>Investigator shall report SAE to</b> Institution Sponsor  <b>Investigator shall report SAE in trials with patients to</b> —  <b>Investigator shall report SAE in trials with healthy participants to</b> —  <b>Investigator shall report SAE in trials with volunteers to</b> —
<b>Study specific Requirements</b>	
Sponsor	<b>Sponsorship mandatory in trials with patients</b> Yes  <b>Sponsorship mandatory in trials with healthy participants</b> Yes  <b>Co-sponsorship allowed in trials with patients</b> Yes  <b>Co-sponsorship allowed in trials with healthy participants</b> Yes
Study Participants - Informed Consent (IC)	<b>Standard IC form (ICF) available</b> Not specified  <b>Accepted format of Informed Consent (IC) form</b> —  <b>Accepted format of IC form for studies including patients</b> Written consent  <b>Accepted format of IC form for studies including healthy participants</b> Written consent  <b>Accepted format of IC form for studies including vulnerable population</b> —
Study Participants - Vulnerable Population	<b>Considered as vulnerable population</b> Children People with psychiatric disorder People with dementia Prisoners  <b>Regulations concerning the inclusion or exclusion available</b> Yes

	<b>Applicable ethical regulations</b> –
Study Participants - Compensation & Reimbursement	<b>Reimbursement for study participants</b> – <b>Reimbursement for patients</b> Mandatory <b>Reimbursement for healthy participants</b> Optional <b>Reimbursement for vulnerable population</b> – <b>Compensation is limited to/provided for</b> – <b>Compensation for patients is limited to/provided for</b> – <b>Compensation for healthy participants is limited to/provided for</b> – <b>Compensation for vulnerable population is limited to/provided for</b> –
Insurance	<b>Liability insurance or alternative arrangements for damages mandatory for</b> – <b>Obligation to contract a liability insurance for trials including patients for</b> Patients/Volunteers <b>Obligation to contract a liability insurance for trials including healthy participants for</b> Patients/Volunteers <b>Obligation to contract a liability insurance for trials including vulnerable population for</b> – <b>Insurance fee in € value indicated as</b> – <b>Insurance fee in € value indicated as</b> –
Quality Assurance/ Quality Control (QA/QC)	<b>Regularly performed methods</b> – <b>Regularly performed methods in trials including patients</b> Audits Monitoring Standard Operating Procedures (SOP) Case Report Form (CRF)

## **Regularly performed methods in trials including healthy participants**

Audits  
Monitoring  
Standard Operating Procedures (SOP)  
Case Report Form (CRF)

## **Regularly performed methods in trials including vulnerable population**

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## **Regularly performed audits**

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## **Regularly performed audits in trials including patients**

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## **Regularly performed audits in trials including healthy participants**

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## **Regularly performed audits in trials including vulnerable population**

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## **Additional Information**

internal audits are regularly performed in interventional trials in patients and in healthy participants

## **National legislation**

General Information:  
Applicable Legislation &  
Conventions

## **Applied regulatory conventions**

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## **Applied regulatory conventions in studies including patients**

Declaration of Helsinki  
Other ethical principles for medical research (other than Declaration of Helsinki)

## **Applied regulatory conventions in studies including healthy participants**

Declaration of Helsinki  
ICH-GCP Guidelines  
Other guidelines for good clinical practice (other than ICH-GCP)

## **Applied regulatory conventions in studies including vulnerable population**

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## **Applicable national laws**

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## **Applicable national laws for patients**

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## **Applicable national laws for healthy participants**

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## **Applicable national laws for vulnerable population**

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## **National regulations for volunteers exist for**

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Nutrition
Blood & Tissue Samples

**Nutrition considered as drug**

No

**Tissue samples permitted in trials including patients**

Yes

**Tissue samples permitted in trials including healthy participants**

Yes