# **Nutrition/Interventional - POLAND**

# Competent authority

## **Contact Details**

## **Contact Name 1**

The Office for Registration of Medicinal Products, Medical Devices and Biocidal Products – URPL ("The Office")

## **Phone**

+ 48 22 492 11 00

## Fax

+ 48 22 492 11 09

#### **Email General**

pl@urpl.gov.pl

## **Address**

Al. Jerozolimskie 181C

## **ZIP/City**

02-222 Warszawa

## Country

Poland (PL)

## Web address

http://www.urpl.gov.pl

Trial Authorisation / Registration / Notification

## Regulatory and ethics bodies involved in approval process

Institutional Ethics Committee Regional Ethics Committee

Regulatory and ethics bodies involved in approval process for trials including patients

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Regulatory and ethics bodies involved in approval process for trials including including healthy participants

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Regulatory and ethics bodies involved in approval process for trials including vulnerable population

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CA - Registration/ notification without approval required for

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**CA - Registration requirements for clinical trials** 

Not mandatory

Registration requirements for clinical trials including patients

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Registration requirements for clinical trials including healthy participants

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CA - Submission required to	
Institutional CA	
Studies including patients - submission required to	•
-	•
Studies including healthy participants - submission	required to
Studies including vulnerable population - submission	on required to
-	on required to
Submission Format Standard application form available	
Yes	
Standard application form	
Standard Application Form	
Language of Submission Language(s) of application	
Official national language Polish	
Language(s) of application for trials including patie	ents
_	
Language(s) of application for trials including heal	thy participants
-	
Language(s) of application for trials including vulne	erable population
Preferred language of application	
-	
English accepted	
No	
Documents mandatory to be in official national land	guage
Documents mandatory to be in local language of st	tudy site
Documents mandatory to be in language of the stu	udv narticinant
-	idy participant
Timelines Authorisation Time to approval of CA in weeks (minimum)	
2	
Time to approval of CA in weeks (maximum)	
6	
Time to approval CA in weeks (average)	
8	

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## **Ethics committee**

## **Contact Details**

## **Contact Name 1**

Local Research Ethics Committees (REC), in Polish "Komisje Bioetyczne" -"Bioethics Committees")

## **Contact Name 2**

50 local independent RECs

## Web address

http://www.oil.org.pl/xml/oil/oil68/tematy/komisje/stale/bioetyki/komisje

## **Additional Information**

The local ECs are established at academic institutions (e.g. medical universities), non-university medical research centres and health institutes or at the Regional Chambers of Physicians and Dentists. List of ECs is provided on the website of the Regional Chamber of Physicians and Dentists in Warsaw (Okręgowa Izba Lekarska).

There is no central EC.

## Ethical Review - General

Submission for Ethical review mandatory for

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Submission of study mandatory

Yes

Submission to CA and EC to be performed in the following order

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## Single-Centre Studies -Ethical Review

Ethical approval (favourable opinion) to be obtained from

Institutional EC

Ethical approval (favourable opinion) for trials including patients to be obtained from

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Ethical approval (favourable opinion) for trials including healthy participants to be obtained from

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Ethical approval (favourable opinion) for trials including vulnerable population to be obtained from

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## Multi-Centre Studies -Ethical Review

Ethical approval (favourable opinion) required from

Lead EC (authorised to issue a single opinion)

Ethical approval in trials including patients obtained from

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Ethical approval in trials including healthy participants obtained from

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Ethical approval in trials including vulnerable population obtained from

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Submission of Application	Entitled to study submission  Principal Investigator Investigator  Entitled to submission of trials including patients  —  Entitled to submission of trials including healthy participants  —  Responsible for submission of trials including vulnerable population  —  Prerequisites for submission / approval
Submission Format	Standard application form available Yes Standard application form Standard application form
Language of Submission	Language(s) of application  Official national language Polish  Language(s) of application for trials including patients  Language(s) of application for trials including healthy participants  Language(s) of application for trials including vulnerable population  Preferred language of application  English accepted  No  Documents mandatory to be in official national language  Documents mandatory to be in local language of study site  Documents mandatory to be in language of study participant  Documents mandatory to be in language of study participant
Timelines Ethical Review	Time in weeks from submission to positive approval (minimum)  Time in weeks from submission to positive approval (maximum)  Time in weeks from submission to positive approval (average)  5

Safety Reporting

Investigator shall report SAE to
Institution
Investigator shall report SAE in trials with patients to

Investigator shall report SAE in trials with healthy participants to

Investigator shall report SAE in trials with volunteers to

Investigator shall report SAE in trials with volunteers to

Study specific Requirements

Sponsor

Sponsorship mandatory

No

Co-sponsorship allowed

Study specific Requirements	
Sponsor	Sponsorship mandatory
	No
	Co-sponsorship allowed
	Yes
	Contracts with external sponsor
	Yes
Investigator	Entitled to be principal investigator
	Depends on study population
	Entitled to be principal investigator for trials with patients
	Physician Dietitian
	Entitled to be principal investigator for trials with healthy participants
	Physician Dietitian
	Entitled to be principal investigator for trials with vulnerable population
	Physician
Study Participants -	Standard IC form (ICF) available
Informed Consent (IC)	No
	Accepted format of Informed Consent (IC) form
	Written consent
	Accepted format of IC form for studies including patients
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	Accepted format of IC form for studies including healthy participants
	_
	Accepted format of IC form for studies including vulnerable population
	_

Study Participants - Vulnerable Population	Considered as vulnerable population  Children Elderly Pregnant women (Pregnancy) Lactating women Unconscious Persons Incapacitated adults People with psychiatric disorder People with dementia Prisoners  Regulations concerning the inclusion or exclusion available Yes  Applicable ethical regulations Do not exist
Study Participants - Compensation & Reimbursement	Reimbursement for study participants Optional Reimbursement for patients  Reimbursement for healthy participants  Reimbursement for vulnerable population  Compensation is limited to/provided for Adults only Time effort Expenses arising from study participation (e.g. Travel) Phase I trials Compensation for patients is limited to/provided for  Compensation for healthy participants is limited to/provided for  Compensation for vulnerable population is limited to/provided for
Funding	Trials in patients financially supported by industry  Not specified  Trials in healthy participants financially supported by industry  Not specified  Trials in vulnerable population financially supported by industry  Yes  Funding is an issue during the approval process  Yes
Study Participants - Recruitment & Trial Outcome	Regulations on recruitment process exist  No

	Mandatory to inform participant of clinical trial outcome
	No
Insurance	Liability insurance or alternative arrangements for damages mandatory for
	Patients/Volunteers Researchers Sponsor
	Obligation to contract a liability insurance for trials including patients for
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	Obligation to contract a liability insurance for trials including healthy participants for
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	Obligation to contract a liability insurance for trials including vulnerable population for
	-
	Name and contact insurance companies insuring clinical research
	Hestia PZU
	Insurance fee in € for lowest risk research (minimum)
	5000
	Insurance fee in € for lowest risk research (average)
	10000
	Insurance fee in € value indicated as
	Lumpsum
	Insurance fee in € value indicated as
Quality Assurance/	Regularly performed methods
Quality Control (QA/QC)	Case Report Form (CRF)
	Regularly performed methods in trials including patients
	-
	Regularly performed methods in trials including healthy participants
	Regularly performed methods in trials including vulnerable population
	-
	Standards concerning quality assurance and quality control exist
	Yes
	Regularly performed audits
	-
	Regularly performed audits in trials including patients
	-

	Regularly performed audits in trials including healthy participants
	Regularly performed audits in trials including vulnerable population
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	Regularly performed audits - Additional information
	Internal and external audits are not performed regularly in trials in Poland
Archiving & Data	Study documents must be kept at least (in years)
Management	_
	Legal framework for data management exists
	No
National legislation	
General Information:	Applied regulatory conventions
Applicable Legislation & Conventions	Declaration of Helsinki
	Regional regulatory requirements Institutional regulatory requirements
	Applied regulatory conventions in studies including patients
	<del>-</del>
	Applied regulatory conventions in studies including healthy participants
	<del>-</del>
	Applied regulatory conventions in studies including vulnerable population
	<del>-</del>
	Applicable national laws
	Hospital Act Data protection Act Genetical engineering act Medical device act Drug act
	Applicable national laws for patients
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	Applicable national laws for healthy participants
	<del>-</del>
	Applicable national laws for vulnerable population
	National regulations for volunteers exist for
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Nutrition	Nutrition considered as drug
	Yes
Blood & Tissue Samples	Tissue samples permitted
	Yes
Data Protection	Specific Requirements
	Yes

	Legal framework (on safeguarding the collection, handling, recording, keeping and/or processing of any clinical trial related data and patient files)
Invasive Catheters	Invasive catheters permitted
	Yes
Definition	
Nutrition Study	Definition available in national law
	Yes