

# Nutrition - NETHERLANDS

## Competent authority

### Contact Details

#### Contact Name 1

Central Committee for Research Involving Human Subjects/ Centrale Commissie Mensgebonden Onderzoek (CCMO)

#### Contact Name 2

F.a.o. Competent authority (CA)

#### Phone

+ 31 70 340 6700

#### Email General

ccmo@ccmo.nl

#### Email Department

bi@ccmo.nl

#### Address

PO Box 16302

#### ZIP/City

2500 BH The Hague

#### Country

Netherlands (NL)

#### Web address

<http://www.ccmo-online.nl>

#### Additional Information

NB! Email if CCMO acts as CA: bi@ccmo.nl

### Trial Authorisation / Registration / Notification

#### Regulatory and ethics bodies involved in approval process

Institutional Competent Authority  
Institutional Ethics Committee  
Regional Ethics Committee

#### CA - Registration requirements for clinical trials

Registration mandatory

#### CA - Submission required to

National CA  
Institutional CA  
International CA

### Submission Format

#### Standard application form available

No

### Language of Submission

#### Language(s) of application

English

#### Preferred language of application

—

	<p><b>English accepted</b></p> <p>–</p> <p><b>Documents mandatory to be in official national language</b></p> <p>–</p> <p><b>Documents mandatory to be in local language of study site</b></p> <p>–</p> <p><b>Documents mandatory to be in language of the study participant</b></p> <p>–</p>
Safety Reporting	<p><b>Sponsor must declare reportable events to</b></p> <p>–</p>
<b>Ethics committee</b>	
Contact Details	<p><b>Contact Name 1</b></p> <p>Medical Research Ethics Committees MRECs/METCs</p> <p><b>Web address</b></p> <p><a href="http://www.ccmo.nl/en/accredited-mrecs">http://www.ccmo.nl/en/accredited-mrecs</a></p> <p><b>Additional Information</b></p> <p>Links to the 24 accredited MRECs/METCs and their contact data are provided on the CCMO website (see provided web address)</p>
Ethical Review – General	<p><b>Submission for Ethical review mandatory for</b></p> <p>–</p> <p><b>Submission of study mandatory</b></p> <p>Yes</p> <p><b>Submission to CA and EC to be performed in the following order</b></p> <p>–</p> <p><b>National declaration on Ethical requirements exists</b></p> <p>Yes</p> <p><b>National declaration</b></p> <p>available via regional ethics committees</p>
Single-Centre Studies - Ethical Review	<p><b>Ethical approval (favourable opinion) to be obtained from</b></p> <p>International EC National EC Institutional EC</p>
Multi-Centre Studies - Ethical Review	<p><b>Ethical approval (favourable opinion) required from</b></p> <p>Single Opinion</p>
Submission of Application	<p><b>Entitled to study submission</b></p> <p>Sponsor Principal Investigator Physician Dietitian Nutritionist PhD Industry National citizen</p>

	<b>Prerequisites for submission / approval</b> —
Submission Format	<b>Standard application form available</b> Yes <b>Standard application form</b> available via Regional Ethics Committees
Language of Submission	<b>Language(s) of application</b> English <b>Preferred language of application</b> — <b>English accepted</b> — <b>Documents mandatory to be in local language of study site</b> — <b>Documents mandatory to be in language of study participant</b> —
Timelines Ethical Review	<b>Time in weeks from submission to positive approval (minimum)</b> 6 <b>Time in weeks from submission to positive approval (maximum)</b> 12 <b>Time in weeks from submission to positive approval (average)</b> 8
Safety Reporting	<b>Investigator shall report SAE to</b> National CA Institution Sponsor Trial Coordinator Other

## Study specific Requirements

Sponsor	<b>Contracts with external sponsor</b> Yes
Investigator	<b>Entitled to be principal investigator</b> Physician Dietitian Nutritionist Pharmacist PhD <b>Entitled to be principal investigator for trials with patients</b> — <b>Entitled to be principal investigator for trials with healthy participants</b> —

	<p><b>Entitled to be principal investigator for trials with vulnerable population</b></p> <p>—</p>
Study Participants - Informed Consent (IC)	<p><b>Standard IC form (ICF) available</b></p> <p>No</p> <p><b>Accepted format of Informed Consent (IC) form</b></p> <p>Written consent</p> <p><b>Accepted format of IC form for studies including patients</b></p> <p>—</p> <p><b>Accepted format of IC form for studies including healthy participants</b></p> <p>—</p> <p><b>Accepted format of IC form for studies including vulnerable population</b></p> <p>—</p>
Study Participants - Vulnerable Population	<p><b>Considered as vulnerable population</b></p> <p>Children Elderly Pregnant women (Pregnancy) Lactating women Unconscious Persons Incapacitated adults People with psychiatric disorder People with dementia Prisoners</p> <p><b>Regulations concerning the inclusion or exclusion available</b></p> <p>Yes</p> <p><b>Applicable ethical regulations</b></p> <p>Not specified</p>
Study Participants - Compensation & Reimbursement	<p><b>Reimbursement for study participants</b></p> <p>Optional</p> <p><b>Compensation is limited to/provided for</b></p> <p>Compensation optional not mandatory</p>
Funding	<p><b>Trials generally financially supported by industry</b></p> <p>Yes</p> <p><b>Funding is an issue during the approval process</b></p> <p>Yes</p>
Insurance	<p><b>Liability insurance or alternative arrangements for damages mandatory for</b></p> <p>Patients/Volunteers Researchers</p> <p><b>Specific insurance companies - Additional information</b></p> <p>There are no specific insurance companies</p> <p><b>Insurance fee in € value indicated as</b></p> <p>—</p>

	<b>Insurance fee in € value indicated as</b> —
Quality Assurance/ Quality Control (QA/QC)	<b>Regularly performed methods</b> Audits Inspections Monitoring Standard Operating Procedures (SOP) Case Report Form (CRF)  <b>Standards concerning quality assurance and quality control exist</b> Yes  <b>Regularly performed audits</b> —  <b>Regularly performed audits - Additional information</b> Internal and external audits may be performed
Archiving & Data Management	<b>Study documents must be kept at least (in years)</b> —  <b>Legal framework for data management exists</b> Not specified
<b>National legislation</b>	
General Information: Applicable Legislation & Conventions	<b>Applied regulatory conventions</b> Declaration of Helsinki Other ethical principles for medical research (other than Declaration of Helsinki) ICH-GCP Guidelines  <b>Applicable national laws</b> Hospital Act Data protection Act Medical device act Drug act  <b>National regulations for volunteers exist for</b> Nutrition intervention in healthy people Pharmaceuticals/drug trials Invasive procedures Catheters Isotopes Tissue samples
Nutrition	<b>Nutrition considered as drug</b> No
Blood & Tissue Samples	<b>Tissue samples permitted</b> No
Invasive Catheters	<b>Invasive catheters permitted</b> Yes