

# Nutrition - TURKEY

## Competent authority

### Contact Details

#### Contact Name 1

Ministry of Health - Turkish Medicines and Medical Devices Agency (TMMDA)/  
Türkiye İlaç ve Tıbbi cihaz Kurumu (TITCK)

#### Contact Name 2

(Shortly referred to as Ministry or Agency)

#### Contact Name 3

Department of Clinical Drug Studies

#### Phone

+90 (312) 218 30 00

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90 (312) 218 34 60

#### Address

Söğütözü Mahallesi 2176. Sokak No:5 P.K.

#### ZIP/City

06520 Çankaya/ANKARA

#### Country

Turkey (TR)

#### Web address

<http://iegm.gov.tr>

### Trial Authorisation / Registration / Notification

#### Regulatory and ethics bodies involved in approval process

Institutional Ethics Committee  
National Ethics Committee

#### CA - Registration requirements for clinical trials

—

#### CA - Submission required to

National CA  
Institutional CA

### Language of Submission

#### Language(s) of application

Official national language  
Turkish  
English

#### Preferred language of application

—

#### English accepted

Yes

#### Documents mandatory to be in official national language

—

	<p><b>Documents mandatory to be in local language of study site</b></p> <p>–</p> <p><b>Documents mandatory to be in language of the study participant</b></p> <p>–</p>
Timelines Authorisation	<p><b>Time to approval of CA in weeks (minimum)</b></p> <p>20</p> <p><b>Time to approval of CA in weeks (maximum)</b></p> <p>32</p> <p><b>Time to approval CA in weeks (average)</b></p> <p>24</p>
Safety Reporting	<p><b>Sponsor must declare reportable events to</b></p> <p>–</p>

## Ethics committee

Contact Details	<p><b>Contact Name 1</b></p> <p>Local ECs</p> <p><b>Country</b></p> <p>Turkey (TR)</p> <p><b>Web address</b></p> <p><a href="https://www.titck.gov.tr/UnitsPageDescription.aspx?BirimId=CVgRV0Ms3dY=&amp;Konuld=YvRiEmNsOw4=">https://www.titck.gov.tr/UnitsPageDescription.aspx?BirimId=CVgRV0Ms3dY=&amp;Konuld=YvRiEmNsOw4=</a></p> <p><b>Additional Information</b></p> <p>A list of the ECs in Turkey is provided on the website of the Ministry of Health.</p>
Ethical Review - General	<p><b>Submission for Ethical review mandatory for</b></p> <p>–</p> <p><b>Submission of study mandatory</b></p> <p>Yes</p> <p><b>Submission to CA and EC to be performed in the following order</b></p> <p>–</p> <p><b>National declaration on Ethical requirements exists</b></p> <p>Yes</p> <p><b>National declaration</b></p> <p>National declaration on ethical requirements</p>
Single-Centre Studies - Ethical Review	<p><b>Ethical approval (favourable opinion) to be obtained from</b></p> <p>National EC Institutional EC</p>
Multi-Centre Studies - Ethical Review	<p><b>Ethical approval (favourable opinion) required from</b></p> <p>Lead EC (authorised to issue a single opinion) Not validated</p>

Submission of Application	<p><b>Entitled to study submission</b></p> <p>Principal Investigator Investigator Physician Dietitian</p> <p><b>Prerequisites for submission / approval</b></p> <p>Proof of GCP Training of applicant</p>
Submission Format	<p><b>Standard application form available</b></p> <p>Yes</p> <p><b>Standard application form</b></p> <p>Application forms Clinical Research Ethics Committee</p>
Language of Submission	<p><b>Language(s) of application</b></p> <p>Official national language English</p> <p><b>Preferred language of application</b></p> <p>—</p> <p><b>English accepted</b></p> <p>Yes</p> <p><b>Documents mandatory to be in local language of study site</b></p> <p>—</p> <p><b>Documents mandatory to be in language of study participant</b></p> <p>—</p>
Timelines Ethical Review	<p><b>Time in weeks from submission to positive approval (minimum)</b></p> <p>12</p> <p><b>Time in weeks from submission to positive approval (maximum)</b></p> <p>24</p> <p><b>Time in weeks from submission to positive approval (average)</b></p> <p>16</p>
Safety Reporting	<p><b>Investigator shall report SAE to</b></p> <p>National CA Institution Sponsor Trial Coordinator</p>

## Study specific Requirements

Sponsor	<p><b>Sponsorship mandatory</b></p> <p>Yes</p> <p><b>Contracts with external sponsor</b></p> <p>Yes</p>
Investigator	<p><b>Entitled to be principal investigator</b></p> <p>Physician Dietitian Nutritionist</p>

	<p><b>Entitled to be principal investigator for trials with patients</b></p> <p>–</p> <p><b>Entitled to be principal investigator for trials with healthy participants</b></p> <p>–</p> <p><b>Entitled to be principal investigator for trials with vulnerable population</b></p> <p>–</p>
Study Participants - Informed Consent (IC)	<p><b>Standard IC form (ICF) available</b></p> <p>Yes</p> <p><b>Standard IC form (ICF)</b></p> <p>The provided links may be applicable to observational trials or to vulnerable groups.</p> <p><b>Accepted format of Informed Consent (IC) form</b></p> <p>Written consent</p> <p><b>Accepted format of IC form for studies including patients</b></p> <p>–</p> <p><b>Accepted format of IC form for studies including healthy participants</b></p> <p>–</p> <p><b>Accepted format of IC form for studies including vulnerable population</b></p> <p>–</p>
Study Participants - Vulnerable Population	<p><b>Considered as vulnerable population</b></p> <p>Children Elderly Pregnant women (Pregnancy) Lactating women Unconscious Persons Incapacitated adults People with psychiatric disorder People with dementia Prisoners</p> <p><b>Regulations concerning the inclusion or exclusion available</b></p> <p>Not specified</p> <p><b>Applicable ethical regulations</b></p> <p>Institutional National International EU directive (2001/20/EC)</p>
Study Participants - Compensation & Reimbursement	<p><b>Reimbursement for study participants</b></p> <p>Optional</p> <p><b>Compensation is limited to/provided for</b></p> <p>Phase I trials A certain amount</p>
Funding	<p><b>Trials generally financially supported by industry</b></p> <p>No</p>

	<p><b>Additional Information</b></p> <p>Observational trials are generally not sponsored by industry. Interventional trials in patients and pharmaceutical trials are more likely to be sponsored by industry.</p>
Study Participants - Recruitment & Trial Outcome	<p><b>Mandatory to inform participant of clinical trial outcome</b></p> <p>Yes</p>
Insurance	<p><b>Liability insurance or alternative arrangements for damages mandatory for</b></p> <p>Not mandatory</p> <p><b>Insurance fee in € value indicated as</b></p> <p>—</p> <p><b>Insurance fee in € value indicated as</b></p> <p>—</p>
Quality Assurance/ Quality Control (QA/QC)	<p><b>Regularly performed methods</b></p> <p>Audits Inspections Monitoring Standard Operating Procedures (SOP) Case Report Form (CRF)</p> <p><b>Standards concerning quality assurance and quality control exist</b></p> <p>Yes</p> <p><b>Regularly performed audits</b></p> <p>—</p> <p><b>Regularly performed audits - Additional information</b></p> <p>internal and external audits are performed regularly</p>

## National legislation

General Information: Applicable Legislation & Conventions	<p><b>Applied regulatory conventions</b></p> <p>Declaration of Helsinki Other ethical principles for medical research (other than Declaration of Helsinki) ICH-GCP Guidelines Other guidelines for good clinical practice (other than ICH-GCP) National regulatory requirements Institutional regulatory requirements</p> <p><b>Applicable national laws</b></p> <p>Hospital Act Data protection Act Medical device act Drug act</p> <p><b>National regulations for volunteers exist for</b></p> <p>—</p>
Nutrition	<p><b>Nutrition considered as drug</b></p> <p>Yes</p>
Blood & Tissue Samples	<p><b>Tissue samples permitted</b></p> <p>No</p>

Invasive Catheters

**Invasive catheters permitted**

No

## Definition

Nutrition Study

**Definition available in national law**

No