

# Nutrition/Interventional - ITALY

## Competent authority

### Contact Details

#### Contact Name 1

Italian Medicines (Drug) Agency/ Agenzia Italiana del Farmaco (AIFA)

#### Contact Name 2

Clinical Trial Office/ Ufficio Sperimentazione Clinica of AIFA

#### Phone

+39 06 5978401

#### Fax

+39 06 59944142

#### Email Department

sperimentazione.clinica@aifa.gov.it

#### Address

Via del Tritone 181

#### ZIP/City

00187 Rome

#### Country

Italy (IT)

#### Web address

<http://www.agenziafarmaco.gov.it/en/content/clinical-trials>

#### Additional Information

AIFA is operating on behalf of the:  
Ministry of Health/ Ministero della salute  
Dipartimento del l'innovazione  
Direzione Generale dei Farmaci e Dispositivi Medici  
Piazzale dell'Industria 20  
00144 Roma  
Phone + 39 06 59943809  
E-mail: [Segr.DGFDM@sanita.it](mailto:Segr.DGFDM@sanita.it)  
Websites: <http://www.salute.gov.it/>  
(English version: under construction)

### Trial Authorisation / Registration / Notification

#### Regulatory and ethics bodies involved in approval process

Institutional Ethics Committee

#### Regulatory and ethics bodies involved in approval process for trials including patients

—

#### Regulatory and ethics bodies involved in approval process for trials including healthy participants

—

#### Regulatory and ethics bodies involved in approval process for trials including vulnerable population

—

	<b>CA - Registration/ notification without approval required for</b>
	—
	<b>CA - Registration requirements for clinical trials</b>
	Not applicable
	<b>Registration requirements for clinical trials including patients</b>
	—
	<b>Registration requirements for clinical trials including healthy participants</b>
	—
	<b>Registration requirements for clinical trials including vulnerable population</b>
	—
Submission Format	<b>CA - Submission required to</b>
	Institutional CA
	<b>Studies including patients - submission required to</b>
	—
	<b>Studies including healthy participants - submission required to</b>
Language of Submission	—
	<b>Studies including vulnerable population - submission required to</b>
	—
	<b>Standard application form available</b>
	Yes
	<b>Language(s) of application</b>
	Italian
	<b>Language(s) of application for trials including patients</b>
	—
	<b>Language(s) of application for trials including healthy participants</b>
	—
	<b>Language(s) of application for trials including vulnerable population</b>
	—
	<b>Preferred language of application</b>
	—
	<b>English accepted</b>
	No
	<b>Documents mandatory to be in official national language</b>
	—
	<b>Documents mandatory to be in local language of study site</b>
	—
	<b>Documents mandatory to be in language of the study participant</b>
	—

Timelines Authorisation	<b>Time to approval of CA in weeks (minimum)</b> 5 <b>Time to approval of CA in weeks (maximum)</b> 8 <b>Time to approval CA in weeks (average)</b> 6
Safety Reporting	<b>Sponsor must declare reportable events to</b> —

Ethics committee

Contact Details	<b>Contact Name 1</b> Local Ethics Committees (there are 84 certified ECs in Italy) <b>Web address</b> <a href="https://www.agenziafarmaco.gov.it/ricclin/en/node/26">https://www.agenziafarmaco.gov.it/ricclin/en/node/26</a> <b>Additional Information</b> The complete list of certified ECs available via AIFA website.
Ethical Review – General	<b>Submission for Ethical review mandatory for</b> — <b>Submission of study mandatory</b> Yes <b>Submission to CA and EC to be performed in the following order</b> — <b>National declaration on Ethical requirements exists</b> Not specified
Single-Centre Studies - Ethical Review	<b>Ethical approval (favourable opinion) to be obtained from</b> Institutional EC <b>Ethical approval (favourable opinion) for trials including patients to be obtained from</b> — <b>Ethical approval (favourable opinion) for trials including healthy participants to be obtained from</b> — <b>Ethical approval (favourable opinion) for trials including vulnerable population to be obtained from</b> —
Multi-Centre Studies - Ethical Review	<b>Ethical approval (favourable opinion) required from</b> Single Opinion <b>Ethical approval in trials including patients obtained from</b> — <b>Ethical approval in trials including healthy participants obtained from</b> —

	<p><b>Ethical approval in trials including vulnerable population obtained from</b></p> <p>—</p>
Submission of Application	<p><b>Entitled to study submission</b></p> <p>Investigator</p> <p><b>Entitled to submission of trials including patients</b></p> <p>—</p> <p><b>Entitled to submission of trials including healthy participants</b></p> <p>—</p> <p><b>Responsible for submission of trials including vulnerable population</b></p> <p>—</p> <p><b>Prerequisites for submission / approval</b></p> <p>—</p>
Submission Format	<p><b>Standard application form available</b></p> <p>Yes</p>
Language of Submission	<p><b>Language(s) of application</b></p> <p>Italian</p> <p><b>Language(s) of application for trials including patients</b></p> <p>—</p> <p><b>Language(s) of application for trials including healthy participants</b></p> <p>—</p> <p><b>Language(s) of application for trials including vulnerable population</b></p> <p>—</p> <p><b>Preferred language of application</b></p> <p>—</p> <p><b>English accepted</b></p> <p>No</p> <p><b>Documents mandatory to be in official national language</b></p> <p>—</p> <p><b>Documents mandatory to be in local language of study site</b></p> <p>—</p> <p><b>Documents mandatory to be in language of study participant</b></p> <p>—</p>
Timelines Ethical Review	<p><b>Time in weeks from submission to positive approval (minimum)</b></p> <p>4</p> <p><b>Time in weeks from submission to positive approval (maximum)</b></p> <p>6</p> <p><b>Time in weeks from submission to positive approval (average)</b></p> <p>5</p>

Safety Reporting	<p><b>Investigator shall report SAE to</b></p> <p>Institution Trial Coordinator</p> <p><b>Investigator shall report SAE in trials with patients to</b></p> <p>—</p> <p><b>Investigator shall report SAE in trials with healthy participants to</b></p> <p>—</p> <p><b>Investigator shall report SAE in trials with volunteers to</b></p> <p>—</p>
<b>Study specific Requirements</b>	
Sponsor	<p><b>Sponsorship mandatory</b></p> <p>No</p> <p><b>Co-sponsorship allowed</b></p> <p>Yes</p>
Study Participants - Informed Consent (IC)	<p><b>Standard IC form (ICF) available</b></p> <p>No</p> <p><b>Accepted format of Informed Consent (IC) form</b></p> <p>Written consent</p> <p><b>Accepted format of IC form for studies including patients</b></p> <p>—</p> <p><b>Accepted format of IC form for studies including healthy participants</b></p> <p>—</p> <p><b>Accepted format of IC form for studies including vulnerable population</b></p> <p>—</p>
Study Participants - Vulnerable Population	<p><b>Considered as vulnerable population</b></p> <p>Children Elderly Pregnant women (Pregnancy) Lactating women Unconscious Persons Incapacitated adults People with psychiatric disorder People with dementia Prisoners</p> <p><b>Regulations concerning the inclusion or exclusion available</b></p> <p>Not specified</p> <p><b>Applicable ethical regulations</b></p> <p>Institutional National International EU directive (2001/20/EC) EU directive (2005/28/EC)</p>
Study Participants - Compensation & Reimbursement	<p><b>Reimbursement for study participants</b></p> <p>Are not reimbursed</p>

	<p><b>Reimbursement for patients</b></p> <p>—</p> <p><b>Reimbursement for healthy participants</b></p> <p>—</p> <p><b>Reimbursement for vulnerable population</b></p> <p>—</p> <p><b>Compensation is limited to/provided for</b></p> <p>—</p> <p><b>Compensation for patients is limited to/provided for</b></p> <p>—</p> <p><b>Compensation for healthy participants is limited to/provided for</b></p> <p>—</p> <p><b>Compensation for vulnerable population is limited to/provided for</b></p> <p>—</p>
Funding	<p><b>Trials generally financially supported by industry</b></p> <p>No</p> <p><b>Funding is an issue during the approval process in trials including patients</b></p> <p>Yes</p>
Study Participants - Recruitment & Trial Outcome	<p><b>Mandatory to inform participant of clinical trial outcome</b></p> <p>No</p>
Insurance	<p><b>Liability insurance or alternative arrangements for damages mandatory for</b></p> <p>Patients/Volunteers Researchers Sponsor</p> <p><b>Obligation to contract a liability insurance for trials including patients for</b></p> <p>—</p> <p><b>Obligation to contract a liability insurance for trials including healthy participants for</b></p> <p>—</p> <p><b>Obligation to contract a liability insurance for trials including vulnerable population for</b></p> <p>—</p> <p><b>Insurance fee in € value indicated as</b></p> <p>—</p> <p><b>Insurance fee in € value indicated as</b></p> <p>—</p>
Quality Assurance/ Quality Control (QA/QC)	<p><b>Regularly performed methods</b></p> <p>Inspections Monitoring Case Report Form (CRF)</p>

	<b>Regularly performed methods in trials including patients</b>
	—
	<b>Regularly performed methods in trials including healthy participants</b>
	—
	<b>Regularly performed methods in trials including vulnerable population</b>
	—
	<b>Standards concerning quality assurance and quality control exist</b>
	Yes
	<b>Regularly performed audits</b>
	—
Archiving & Data Management	<b>Regularly performed audits in trials including patients</b>
	—
	<b>Regularly performed audits in trials including healthy participants</b>
	—
	<b>Regularly performed audits in trials including vulnerable population</b>
	—
	<b>Regularly performed audits - Additional information</b>
	Regularly performed audits: External
	<b>Study documents must be kept at least (in years)</b>
	—
	<b>Legal framework for data management exists</b>
	Not specified

## National legislation

General Information: Applicable Legislation & Conventions	<b>Applied regulatory conventions</b>
	Declaration of Helsinki European regulatory requirements - European Directive 2001/20/EC, 2005/28/EC
	<b>Applied regulatory conventions in studies including patients</b>
	—
	<b>Applied regulatory conventions in studies including healthy participants</b>
	—
	<b>Applied regulatory conventions in studies including vulnerable population</b>
	—
	<b>Applicable national laws</b>
	Hospital Act
	<b>Applicable national laws for patients</b>
	—

	<p><b>Applicable national laws for healthy participants</b></p> <p>—</p> <p><b>Applicable national laws for vulnerable population</b></p> <p>—</p> <p><b>National regulations for volunteers exist for</b></p> <p>Not specified</p> <p><b>Network providing information on regulations and ethical requirements in studies</b></p> <p>Istituto Mario Negri, Milano</p> <p><b>Official website providing relevant national legislation</b></p> <p><a href="http://www.marionegri.it/">http://www.marionegri.it/</a></p>
Nutrition	<p><b>Nutrition considered as drug</b></p> <p>No</p>
Blood & Tissue Samples	<p><b>Tissue samples permitted</b></p> <p>Yes</p>
Data Protection	<p><b>Specific Requirements</b></p> <p>Yes</p> <p><b>Legal framework (on safeguarding the collection, handling, recording, keeping and/or processing of any clinical trial related data and patient files)</b></p> <p>—</p>
Invasive Catheters	<p><b>Invasive catheters permitted</b></p> <p>Yes</p>

## Definition

Interventional Study	<p><b>Definition in national law</b></p> <p>Study in which a new treatment/procedure, which is not part of routine approach, is tested. This means that studies testing already acknowledged and validated therapies/procedures in a new clinical setting should be considered as intervention studies.</p>
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